Narrative Ideas

1. Father’s alcoholic spiral and subsequent recovery – and why the latter may be more bittersweet than anticipated. As he got healthier and healthier, we became more detached
2. Lack of communication let alone attachment to living grandparents with no underlying reason. Our lack of willingness to break the ice after so long without talking leaves me, and likely them, perpetually guilty feeling
3. My sister’s moving and increasingly lack of belonging to me and our family due my parent’s behavior, and arguably, my lack of support